

POWERED BY:



WITH SUPPORT FROM:



COVID-19

June 12, 2020

WHAT YOU NEED TO KNOW WHILE IN CHRISTINA LAKE, BC

The Health and safety of our community is our top priority. Under the guidance of Federal and Provincial Public Health Officials and in consultation with the Regional District of Kootenay Boundary's expert internal emergency response staff, the community of Christina Lake are making the best decisions possible with respect to our public health and welfare.

Our community also must take the necessary steps to keep this pandemic from overwhelming our health care system and taking more lives. Our actions NOW will avoid a rapid increase in the number of affected residents so we can allow our healthcare system to meet the needs of anyone who is unwell or injured without becoming overwhelmed.

To slow the spread of COVID-19 in Christina Lake, we are asking you to help us in taking action to reduce potential exposure to this virus, especially for those who are at higher risk of severe illness. At this time, these actions include postponing or canceling large community events and activities as well as changing the delivery of some of our business services and programs. ***Please see the reverse of this sheet for tips from the BC Centre for Disease Control to help you stay safe during this pandemic.***

This is what our community is asking you to do:

Our community welcomes all visitors to come to the lake this has not changed! If you are traveling within BC, please maintain social/physical distancing rules and keep 2 metres apart (unless you are in the same family or "pod"). You may also consider wearing a mask or gloves if you choose and some businesses are offering these things as well for your use. Keep groups and gatherings small (using distancing rules in these settings). If you are traveling into Christina Lake from outside of Canada please self-isolate for 14 days upon your return – it is the Law as advised by the BC government. If you are required to self-isolate and need help getting groceries, etc, help is available from your fellow Lakers! See the last item on this page on where to call. We are also very concerned about overwhelming our healthcare system that serves our small community and ask that you refrain from travelling to our community or entering Christina Lake businesses if you are feeling ill.

Lake Businesses are Open!

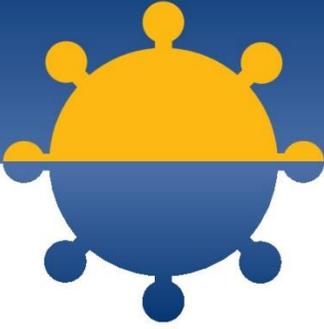
We are so happy that Lake businesses are re-opening following the BC Re-start guidelines, however, be aware that some businesses have made adjustments to how they do business. Some have adjusted hours of operations, some have changed the way they offer their products or services and all are following Health and Safety Covid-19 guidelines and advice. Christina Lake businesses are working hard to keep their customers informed via their websites and online social media avenues. Give businesses a call ahead of time to see what has changed and protocols they have in place.

Christina Lake Strong!

We will get through this pandemic together and this too shall pass! We appreciate your patience as we react to this global pandemic, and thank you for your ongoing support as we continue to work together as a collective community to support business continuity and each other while we work towards "business as usual" as quickly as possible at the Lake.

If You Need Help:

Christina Gateway Community Development Association (**Gateway**) is here to help! We have developed a network of volunteers that we can match you with if you need help, for example getting groceries, prescriptions, or even walking your dog while you are in isolation or quarantine. You can also sign up for the Christina Lake e-Blast to keep informed on COVID-19 and everything else Christina Lake. **Call 250 447-6165** or email info@christinagateway.ca



Coronavirus COVID-19

BC Centre for Disease Control | BC Ministry of Health



Coronavirus Prevention



Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.



Avoid touching your eyes, nose, and mouth with unwashed hands.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid close contact with people who are sick.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick.



WEARING A MASK IS NOT AN EFFECTIVE MEASURE TO KEEP YOURSELF SAFE FROM VIRAL INFECTION.

